

Hello!

My name is Sophie Richards, and I am a master's student in the Department of Communication Studies at the University of Nebraska – Lincoln. For my masters thesis, I am conducting a research study on the stories we hear and tell in our daily lives. In order to participate, you must be 19 years of age or older. Participation will take approximately 45 minutes.

On a day you select to participate, you sent survey prompts 4 times to your phone and email. These 4 mini-surveys will ask you questions about your mood and to reflect on the stories you hear and tell throughout your day.

If you are interested in participating in this study, please sign up using the following link:
https://unlcorexmuw.qualtrics.com/jfe/form/SV_1SxCw02DxXH1kWi.

Participants enrolled in classes in the Department of Communication Studies are eligible to earn research credit (2 credits). If you do not wish to participate in this study but still wish to receive research credit, please talk to your instructor about research and non-research alternatives. There are no known risks involved in this research.

If you are interested in participating in this study, please sign-up before **February 3rd, 2025**.

Please contact Sophie Richards (srichards14@huskers.unl.edu) if you have questions about participating in this study.

Thank you for your interest!

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