Chronic illness can be difficult to talk about, and it can be hard to ask for help from your family, friends, and acquaintances. As a Ph.D. candidate in the Communication Studies Department at the University of Nebraska-Lincoln, I am currently researching how chronic illness impacts one's identity, which may affect one's support-seeking communication. Are you:

* at least 19 years old,
* currently living in the U.S., Canada, or Mexico, and
* diagnosed with a chronic or serious illness in 2008 or later?

If so, your experience is important to me, and I would appreciate your participation in my current study. Participants will be asked to complete a short (12 to 20 minutes), IRB-approved, online survey regarding their health, communication preferences, and relationships with others. Answers will be anonymous and kept confidential. **University of Nebraska-Lincoln students will receive one (1) research credit for completing this survey.**

**Please note:** “Chronic Illness” is defined as a non-communicable illness that is prolonged in duration, does not resolve spontaneously, and is rarely cured completely.” Some examples include, but are not limited to: diabetes, lupus, psoriasis, Fibromyalgia, Crohn’s disease, rheumatoid arthritis, COPD, multiple sclerosis, and epilepsy.

[**To take the survey, click here.**](https://urldefense.proofpoint.com/v2/url?u=https-3A__ssp.qualtrics.com_jfe_form_SV-5F40k7TfhmeuR7Eu9&d=DwMF-g&c=Cu5g146wZdoqVuKpTNsYHeFX_rg6kWhlkLF8Eft-wwo&r=X0q0-WPaqMmJKOdzAdHofA&m=Wp7VV63l1aUnovxl9jZnExtoQ5BHIy0WuS5UIY_HsOE&s=NNUfxZa-tOpexkGm9NyaauITb8rG5KLIcDRXgGESr9E&e=)